

انجام (پیگیری)

«واکسنها»

تا چه سنی؟

اسفندیار بداغی

استاد پیشین دانشگاه های تهران و فرانسه

«کنگره پزشکی استاد یلدا-تهران 1394»

2015 Recommended Immunizations for Adults: By Age

If you are this age, talk to your healthcare professional about these vaccines →

If you are this age, ↓	Flu <i>Influenza</i>	Td/Tdap Tetanus, diphtheria, pertussis	Shingles <i>Zoster</i>	Pneumococcal		Meningococcal	MMR Measles, mumps, rubella	HPV <i>Human papillomavirus</i>		Chickenpox <i>Varicella</i>	Hepatitis A	Hepatitis B	Hib <i>Haemophilus influenzae</i> type b
				PCV13	PPSV23			for women	for men				
19 - 21 years									3 doses				
22 - 26 years								3 doses	3 doses				
27 - 49 years				1 dose	1 or 2 doses	1 or more doses							
50 - 59 years	Flu vaccine every year	1 dose of Tdap* Td booster every 10 years								2 doses	2 doses	3 doses	1 or 3 doses
60 - 64 years			1 dose										
65+ year				1 dose	1 dose								

More Information:

There are several flu vaccines available. Talk to your healthcare professional about which flu vaccine is right for you.

* If you are pregnant, you should get a Tdap vaccine during the 3rd trimester of every pregnancy to help protect your babies from pertussis (whooping cough).

You should get zoster vaccine even if you've had shingles before.

There are two different types of pneumococcal vaccine: PCV13 (conjugate) and PPSV23 (polysaccharide). Talk with your healthcare professional to find out if one or both pneumococcal vaccines are recommended for you.

Your healthcare professional will let you know how many doses you need.

If you were born in 1957 or after, and don't have a record of being vaccinated or having had measles, mumps and rubella, talk to your healthcare professional about how many doses you may need.

Recommended for you if you did not get it when you were a child.

There are two HPV vaccines but only one HPV vaccine (Gardasil[®]) should be given to men.

If you are a male 22 through 26 years old and have sex with men you should complete the HPV vaccine series if you have not already done so.

Your healthcare professional will let you know how many doses you need.



Recommended For You: This vaccine is recommended for you **unless** your healthcare professional tells you that you cannot safely receive it or that you do not need it.



May Be Recommended For You: This vaccine is recommended for you if you have certain risk factors due to your health, job, or lifestyle that are not listed here. Talk to your healthcare professional to see if you need this vaccine.

If you are traveling outside the United States, you may need additional vaccines.

Ask your healthcare professional about which vaccines you may need at least 6 weeks prior to your travel.



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

For more information, call 1-800-CDC-INFO
(1-800-232-4636) or visit www.cdc.gov/vaccines

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				PCV13	PPSV23			for women	for men											
19 - 21 years	Recommended for You	Recommended for You		Recommended for You	Recommended for You	Recommended for You	Recommended for You	3 doses	3 doses	Recommended for You	Recommended for You	Recommended for You	Recommended for You							
22 - 26 years								3 doses	3 doses											
27 - 49 years	Recommended for You	1 dose of Tdap*		Recommended for You	Recommended for You	Recommended for You	Recommended for You			Recommended for You	Recommended for You	Recommended for You	Recommended for You							
50 - 59 years		Td booster every 10 years												1 dose	1 or 2 doses	1 or more doses	2 doses	2 doses	3 doses	1 or 3 doses
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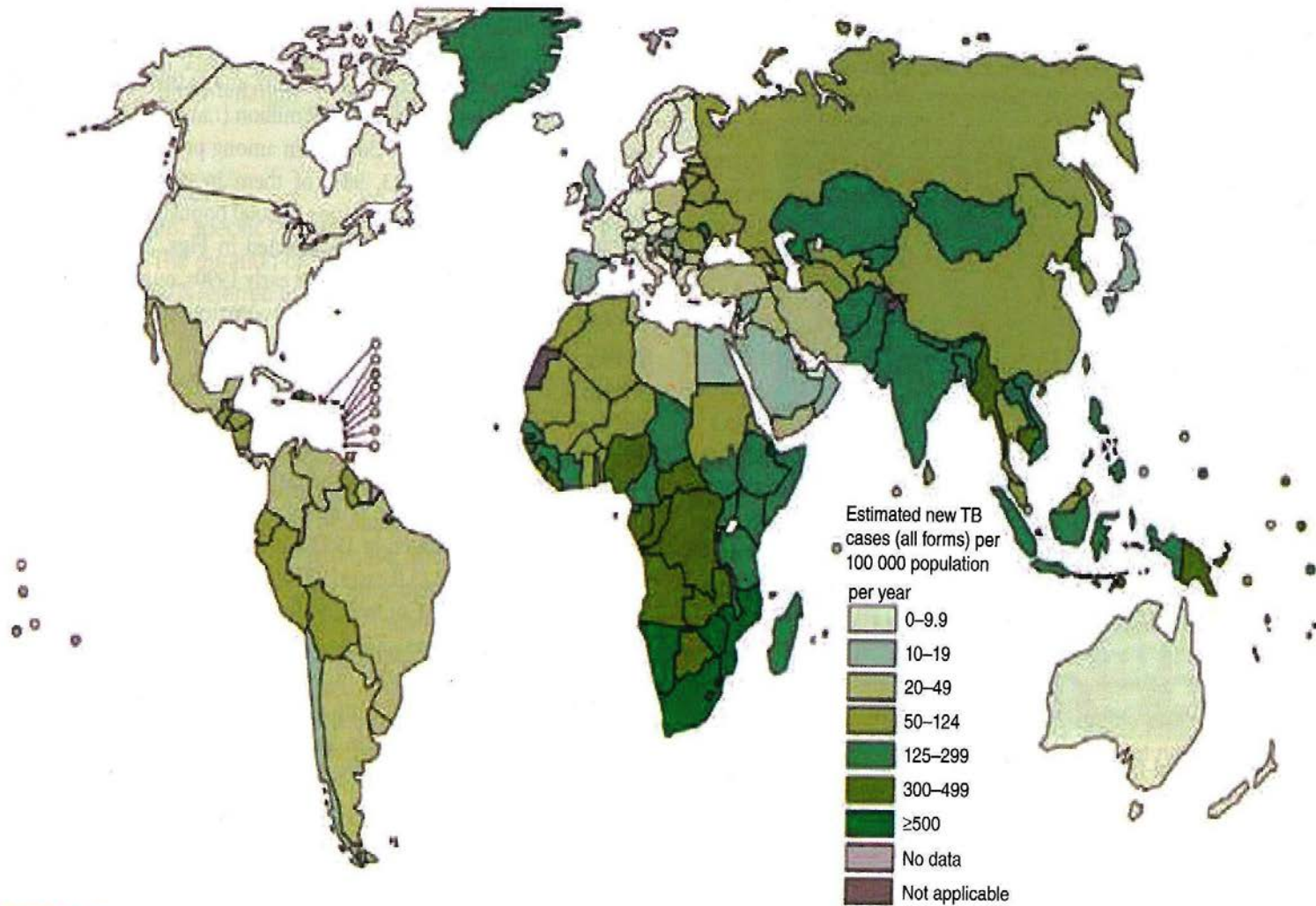
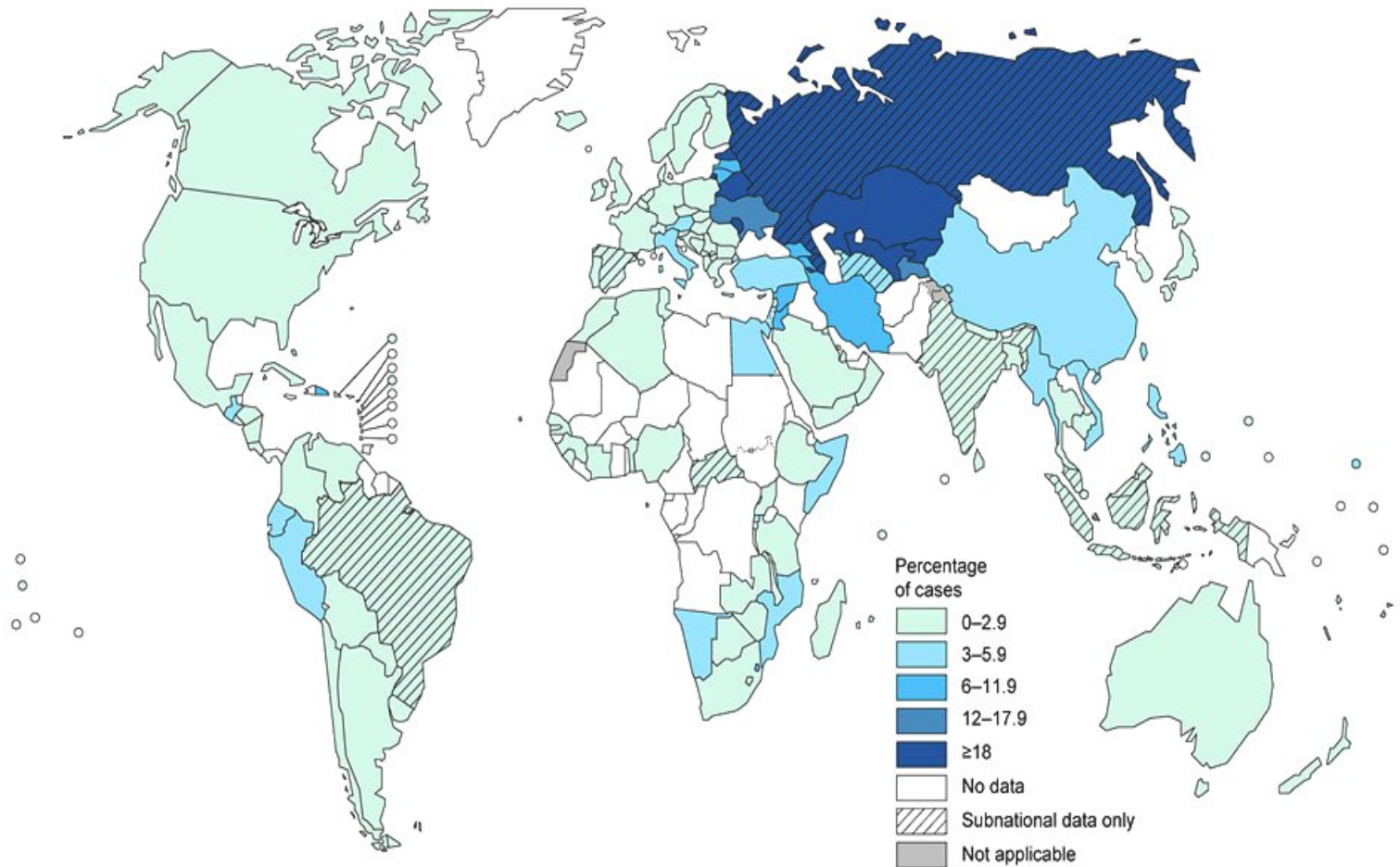


FIGURE 202-2 Estimated tuberculosis (TB) incidence rates (per 100,000 population) in 2013. The designations used and the presentation of material on this map do not imply the expression of any opinion whatsoever on the part of the World Health Organization (WHO) concerning the legal status of any country, territory, city, or area or of its authorities or concerning the delimitation of its frontiers or boundaries. *Dotted, dashed, and white lines* represent approximate border lines for which there may not yet be full agreement. (Courtesy of the Global TB Programme, WHO; with permission.)

Percentage of new TB cases with multidrug-resistant tuberculosis*



* Figures are based on the most recent year for which data have been reported, which varies among countries.

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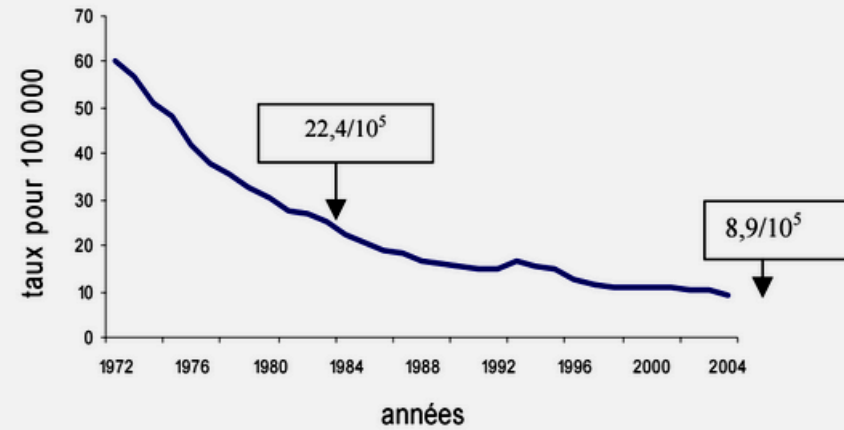
Data Source: *Global Tuberculosis Report 2013*. WHO, 2013.

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Annexe 1

Evolution de l'incidence de la tuberculose (taux pour 100 000 habitants), France métropolitaine, 1972-2005 (InVS)



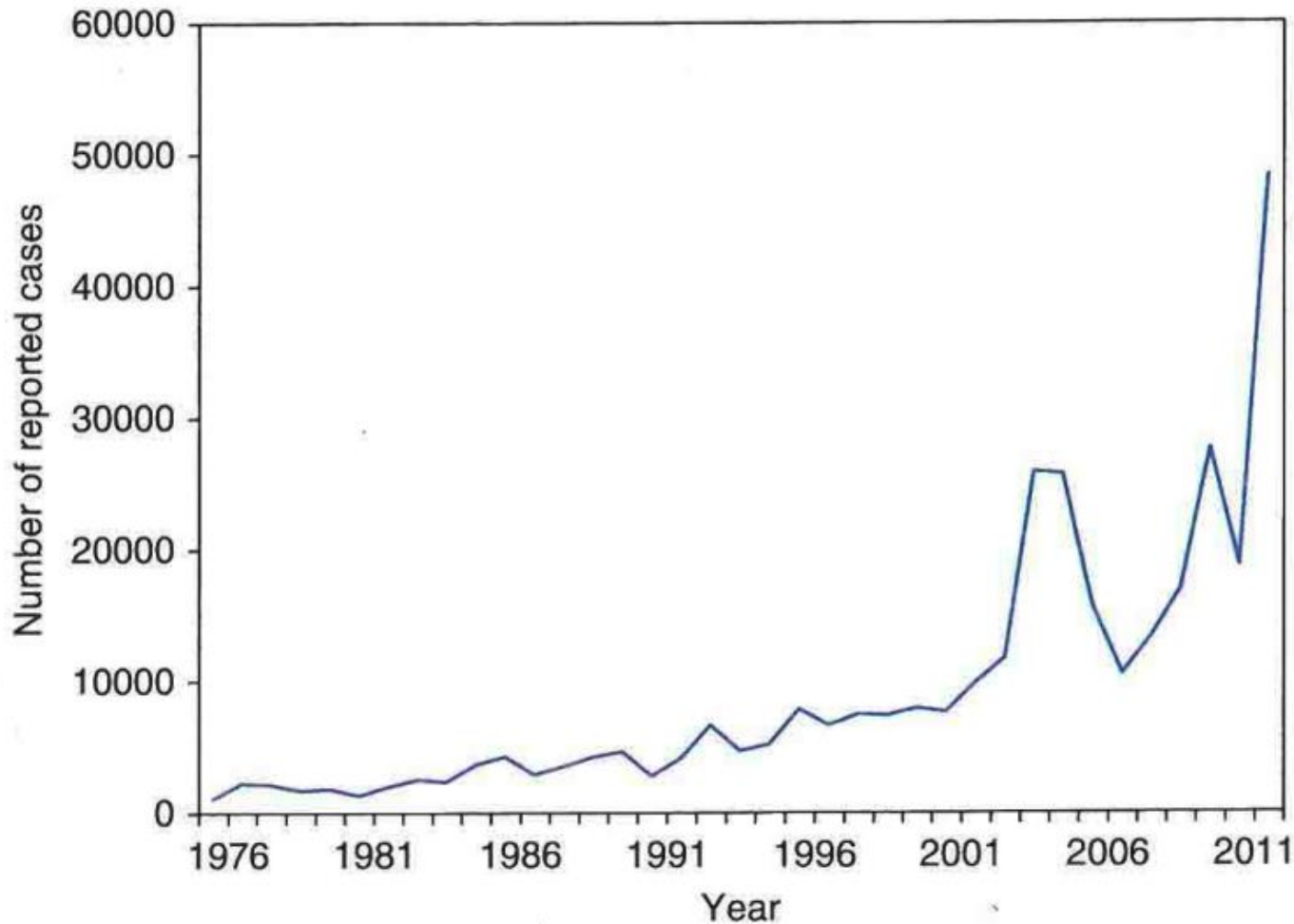


FIGURE 185-2 Reported cases of pertussis by year—United States, 1976–2012. (From the Centers for Disease Control and Prevention, www.cdc.gov/pertussis/surv-reporting/cases-by-year.html. Accessed December 17, 2013.)